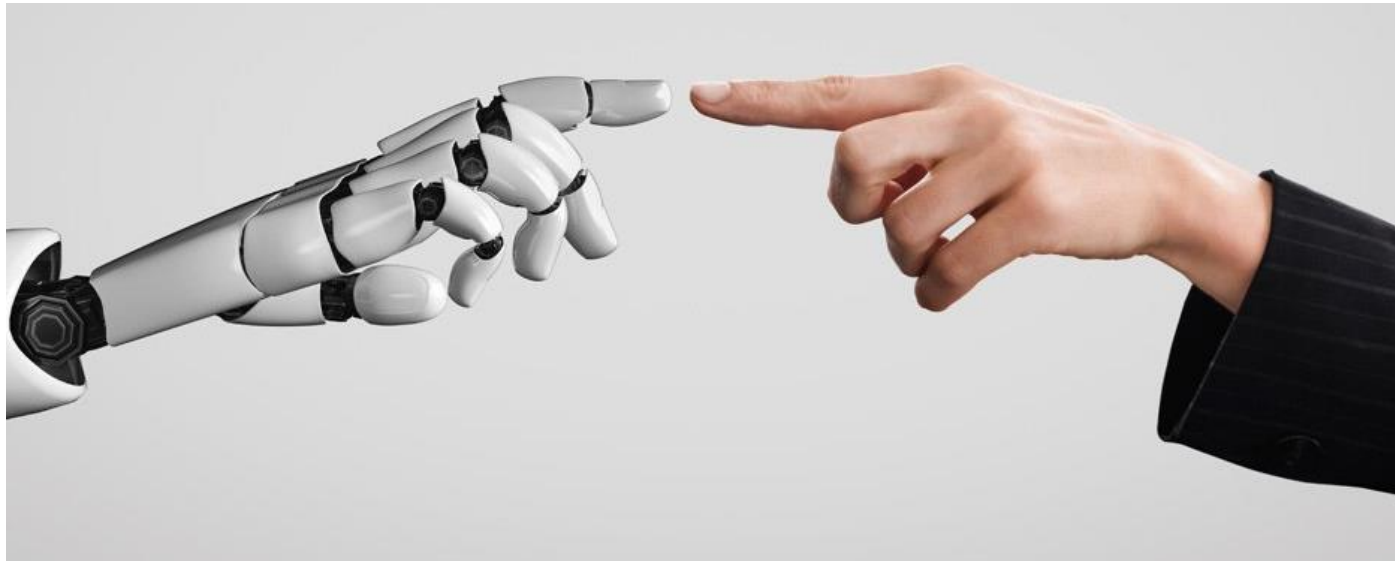


Smartphones and AI as Citizen Science tools

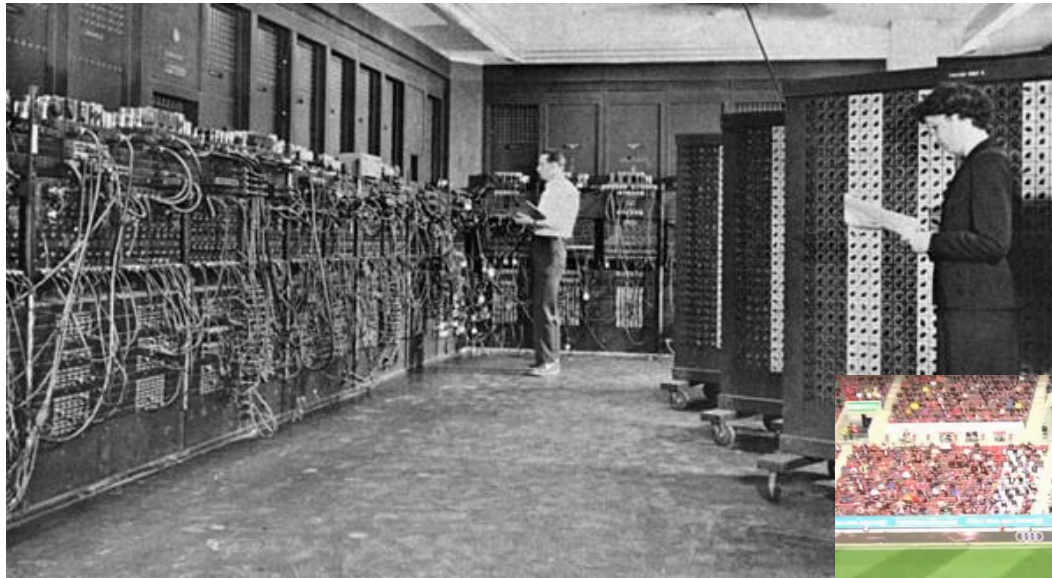


Neil Cronin

Professor of Exercise Biology

Why AI?

Computing power + data

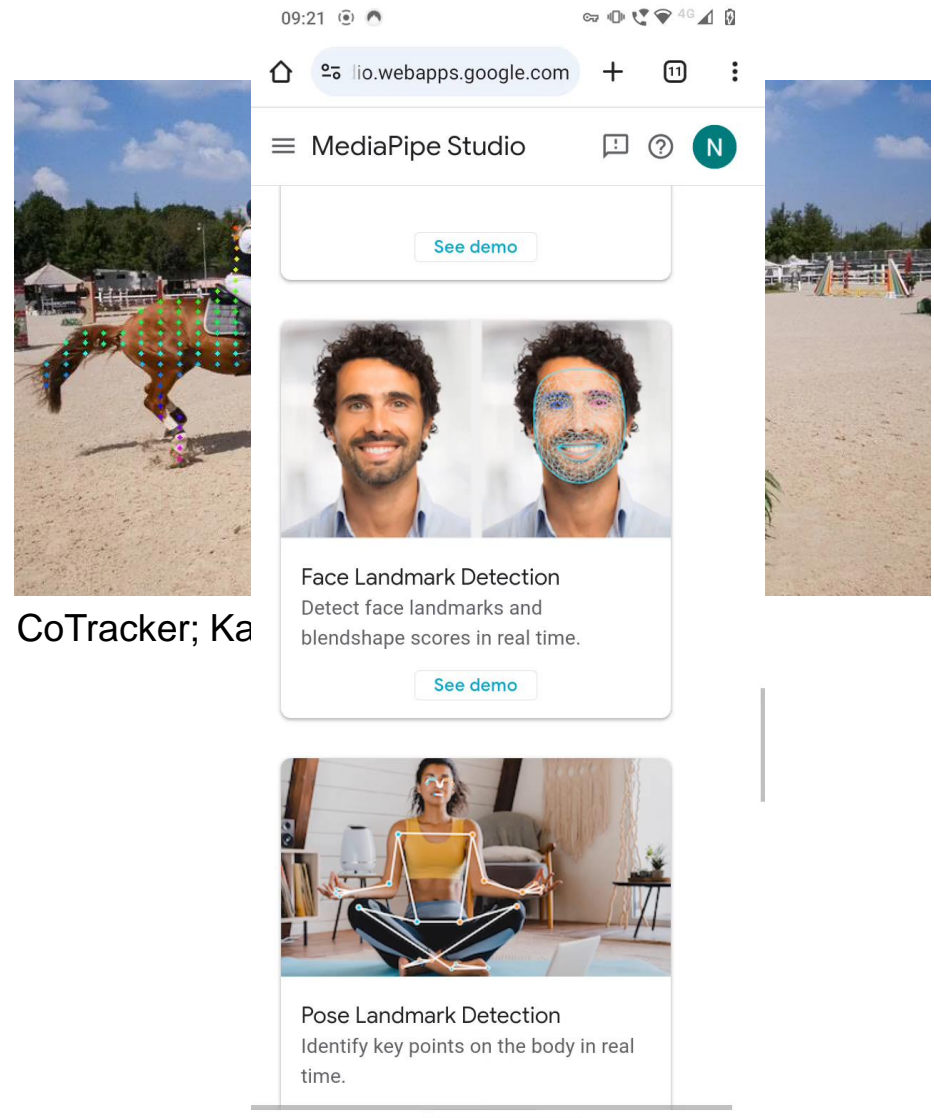


SkalskiP/X; Roboflow

Detecting things in images



Yolo; Wang et al., 2022

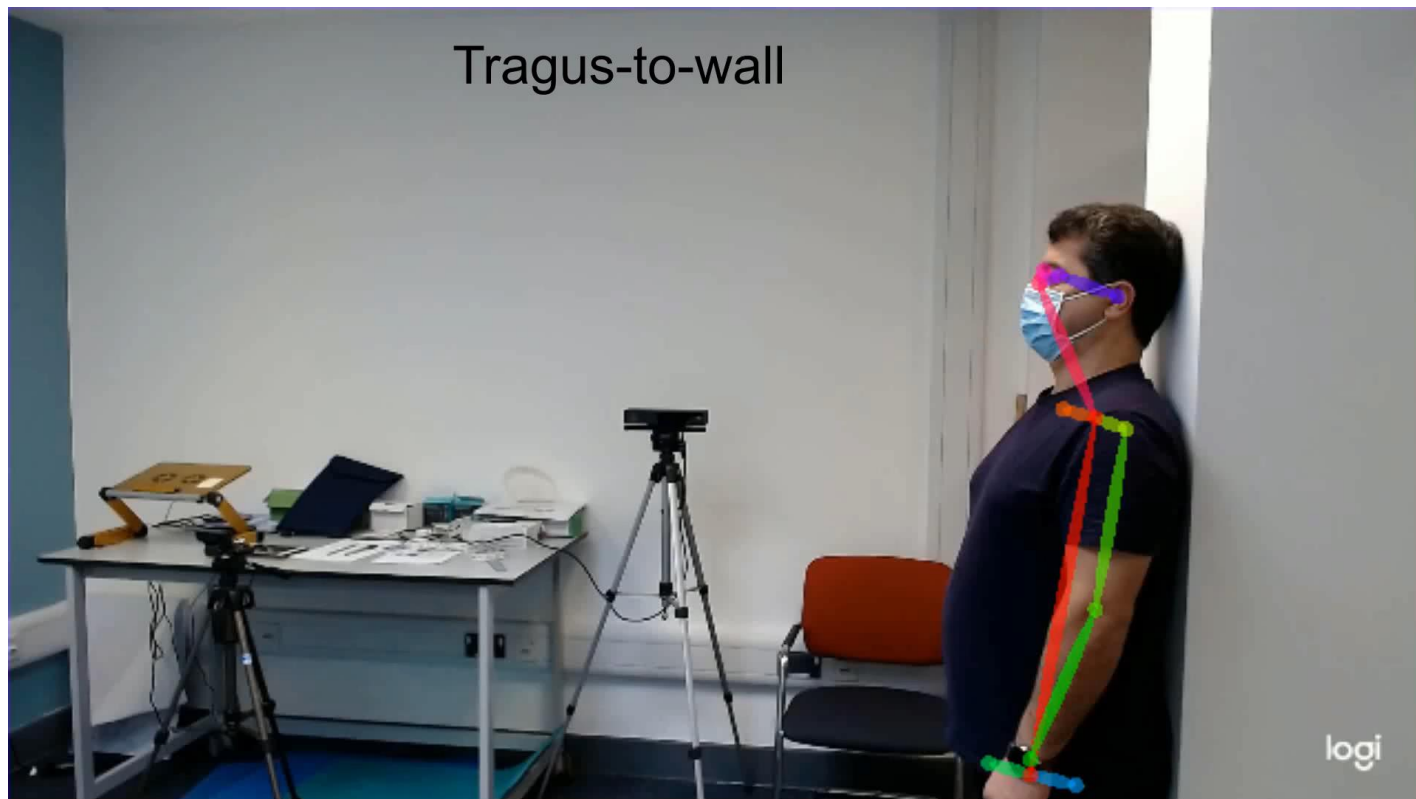


CoTracker; Ka

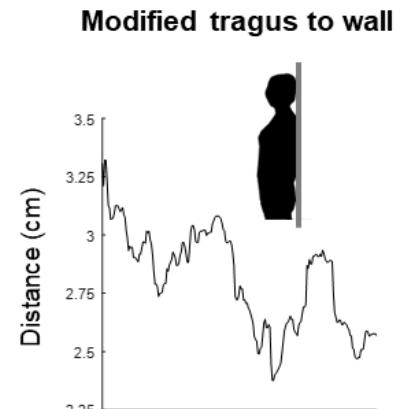
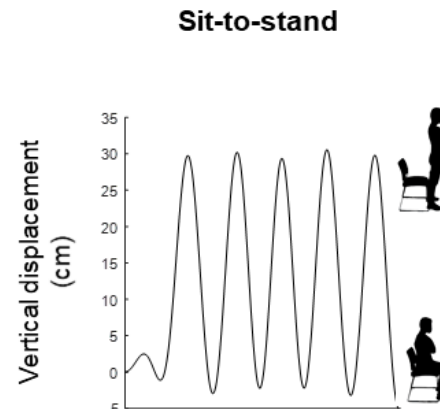
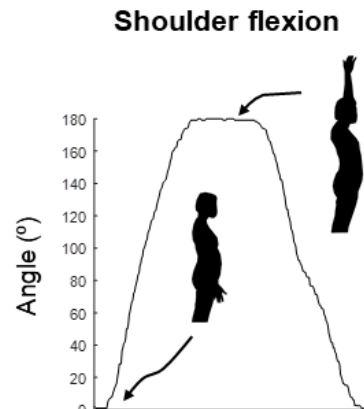
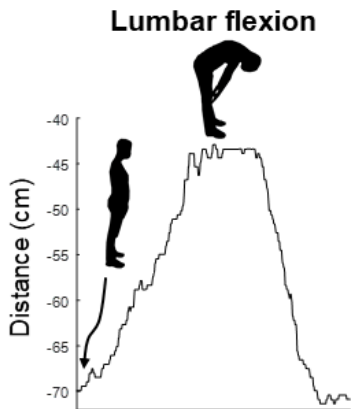
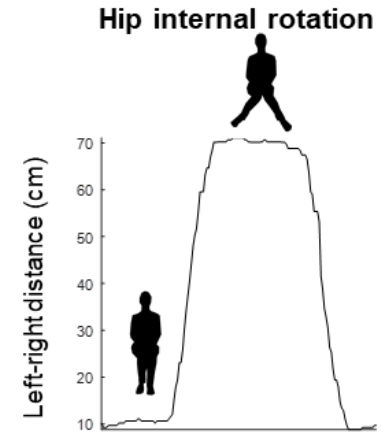
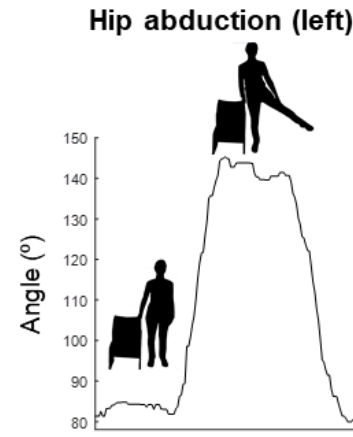
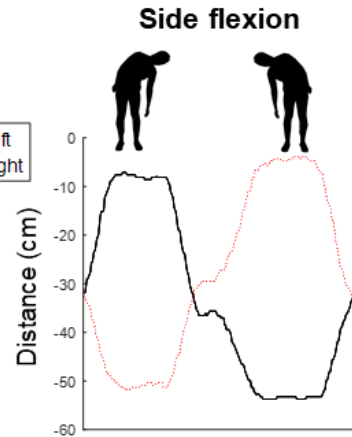
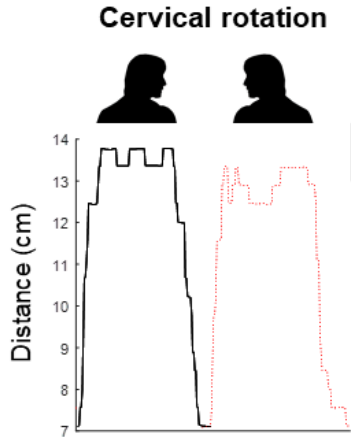
Pose estimation as a clinical tool



90% of participants reported a need for physiotherapy but only 35% received it... Satisfaction with the availability and quality of physiotherapy services were 21% and 27% (Manikandan et al., 2022 [UK])



Remote testing, off-the-shelf model



Remote testing, off-the-shelf model



- 31 axial spondylarthritis (axSpA) patients, age 54±13
- 31 young, healthy people, age 36±9

Computer vision **VS.**



Test (unit)	Mean difference	SD of difference	95% CI	t statistic	p value
Tragus to wall (cm)	1.4	2.5	0.6–2.3	4.52	< 0.001
Cervical rotation (cm)	2.5	1.2	2.1–3.0	16.81	< 0.001
Shoulder flexion, left (°)	2	14	–3–7	0.99	0.33
Shoulder flexion, right (°)	3	15	–2–9	1.57	0.12
Side flexion, left (cm)	–0.5	3.1	–1.6–0.6	–1.34	0.19
Side flexion, right (cm)	0.5	3.4	–0.7–1.7	1.05	0.30
Lumbar flexion (cm)	–1.1	8.2	–4.0–1.8	–1.05	0.30
Hip abduction, left (°)	–10	10	–13–6	–7.51	< 0.001
Hip abduction, right (°)	–10	10	–13–6	–7.26	< 0.001
Hip internal rotation (cm)	–2.1	6.0	–4.2–0.0	–2.78	0.007

Remote testing, **off-the-shelf model**



- 31 axial spondylarthritis (axSpA) patients, age 54±13
- 31 young, healthy people, age 36±9

Computer vision **VS.**



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Shoulder flexion, left (°)					0.33
Shoulder flexion, right (°)					0.12
Side flexion, left (cm)				-1.34	0.19
Side flexion, right (cm)			-0.7-1.7	1.05	0.30
Lumbar flexion (cm)			-4.0-1.8	-1.05	0.30
Hip abduction, left (°)		10	-13-6	-7.51	< 0.001
Hip abduction, right (°)	-10	10	-13-6	-7.26	< 0.001
Hip internal rotation (cm)	-2.1	6.0	-4.2-0.0	-2.78	0.007

**What next?
How can society benefit?**

What is Citizen Science?



“any activity that involves the public in scientific research...has the potential to bring together science, policy makers, and society...in an impactful way”.

(<https://eu-citizen.science/>)



Tunnista lintu laulun perusteella ja auta samalla tiedettä

Muuttolintujen kevät -sovelluksen voi ladata itselleen älypuhelimien sovelluskaupasta. Sovellus tuntee tällä hetkellä 150 suomalaista lintulajia, mutta sen tunnistusalgoritmia kehitetään jatkuvasti. Sovelluksen voi ladata [App Store](#) ja [Google Play](#) -kaupoista.



Citizen Science @ JYU



Natural Science

Otso Ovaskainen

Aleksi Lehikoinen (HY)



Humanities

Jari Ojala

Eerika Koskinen-Koivisto



”Resource-wise” infra

Health Science

Neil Cronin

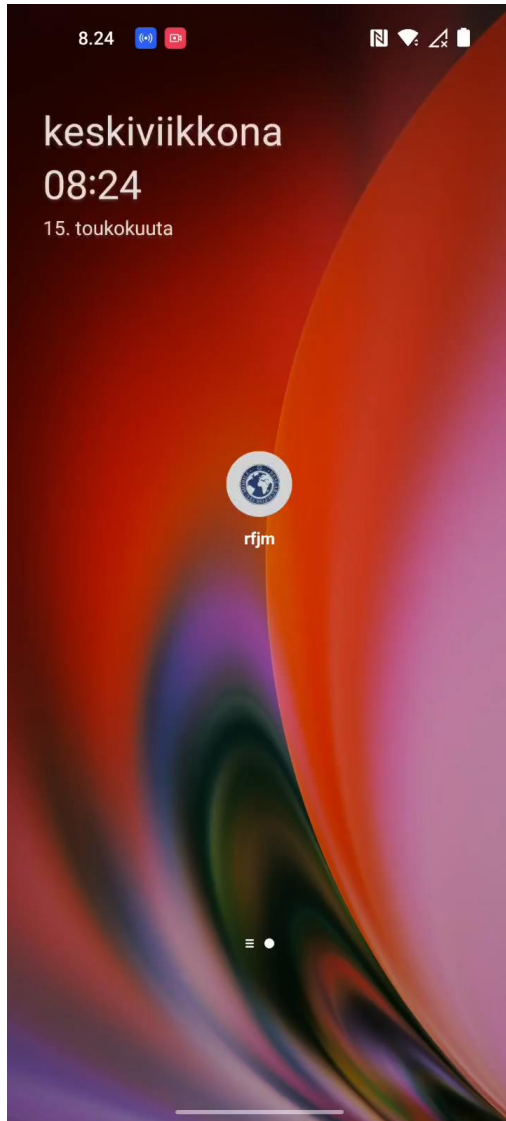
Education/Dev

Paavo Leppänen

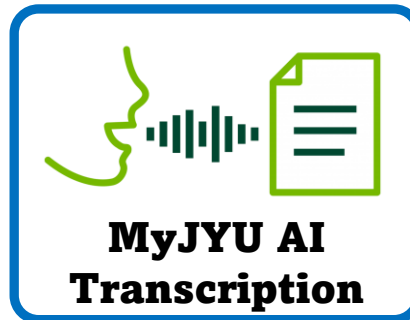
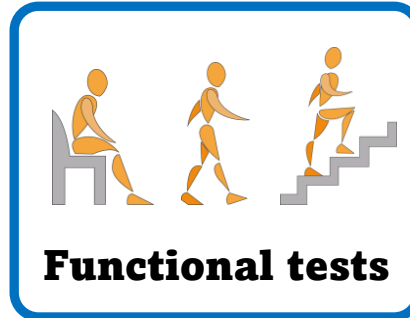
Digipalvelut: Ari Hirvonen, Ari Lehtiö
Avoimen tiedon keskus: Irene Ylönen



JANE JA AATOS
ERKON SÄÄTIÖ



Customisable **modules**



To-do / underway:

e-questionnaires

Signed agreements

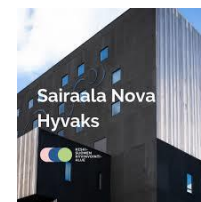
Cognitive tests

Stair climbing test

(in-app reminders)



JANE JA AATOS
ERKON SÄÄTIÖ



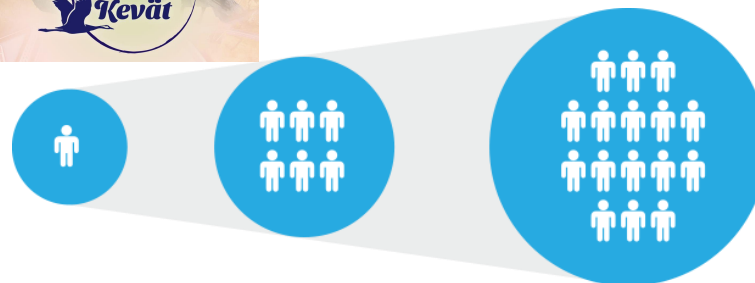
Citizen Science @ JYU



We built it, we own it



Modular, customisable

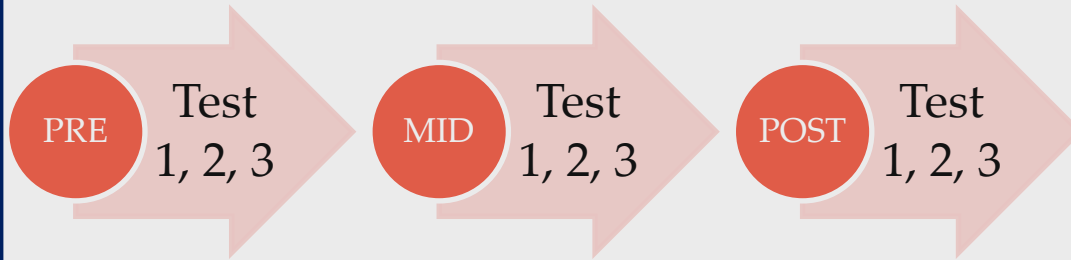


Scalable

The future?



Research

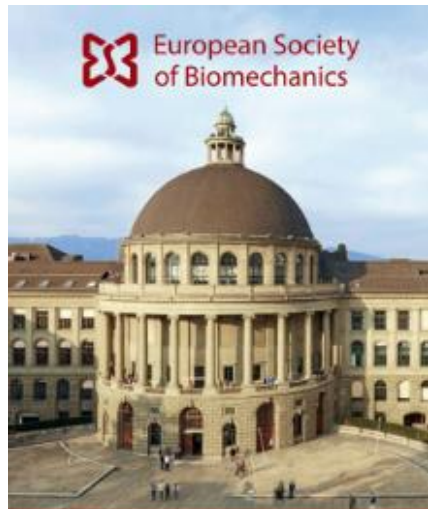


Monitoring, promoting PA...



Making predictions





ESB 2025

30th Congress of the
European Society
of Biomechanics

esbiomech2025.org

**AI IN BIOMECHANICS:
OPPORTUNITIES
AND CHALLENGES**

6 – 9 July 2025
Zürich, Switzerland



ESB2025 TIMELINE

-  **October 2024**
Call for perspective
talks
-  **November 1, 2024**
Abstract
submission opens
-  **November 30, 2024**
Perspective talks
submission
deadline
-  **December 20, 2024**
Perspective talk
acceptance
notifications
-  **January 31, 2025**
Abstracts
submission
deadline
-  **January 2025**
Registration
opening
-  **March 31, 2025**
Abstracts review
notifications
-  **May 16, 2025**
Early registration
deadline
-  **July 6 - 9, 2025**
ESB 2025 Congress

KEYNOTES & KEY DATES



Molly Stevens
Professor of Biomedical
Materials and
Regenerative Medicine,
University of Oxford



Scott Delp
James H. Clark
Professor School of
Engineering and
Medicine Stanford
University



Mackenzie Mathis

Bertarelli Foundation Chair
of Integrative Neuroscience
Assistant Professor,
Swiss Federal Institute of
Technology

MAIN TOPICS

- + 3D bioprinting, additive manufacturing, and scaffolds
- + Ageing biomechanics
- + **AI and machine learning in biomechanics**
- + Animal biomechanics
- + Ankle and foot biomechanics
- + Biomaterials
- + Biomedical imaging
- + Bone biomechanics
- + Cardiovascular biomechanics
- + Cardiovascular implants and devices
- + Cellular and molecular biomechanics
- + Clinical and translational biomechanics
- + Computational biology
- + Computational methods for cardiovascular applications
- + Dental biomechanics
- + Fracture healing
- + Hip biomechanics
- + Impact/injury biomechanics
- + Implants and devices
- + Joint kinematics and kinetics

- + Knee biomechanics
- + Mechanobiology
- + Movement and posture
- + Musculoskeletal/orthopaedic interfaces
- + Musculoskeletal biomechanics
- + Musculoskeletal modelling
- + Neuromuscular and control biomechanics
- + Ocular biomechanics
- + Orthoregeneration
- + Osteoarthritis
- + Rehabilitation engineering, exoskeletons, and assistive devices
- + Reproductive, foetal, and neonatal biomechanics
- + Respiratory and fluid biomechanics
- + Shoulder biomechanics
- + Skeletal adaptation
- + Soft tissue biomechanics
- + Spine biomechanics
- + Sports biomechanics
- + Tissue engineering